

MENTAL HEALTH FIRST AID

STANDARD & REFRESHER TRAINING COURSE DATES FOR 2021

PARTICIPANTS WILL LEARN THE SIGNS AND SYMPTOMS OF MENTAL HEALTH PROBLEMS, WHERE AND HOW TO GET HELP AND WHAT SORT OF HELP HAS BEEN SHOWN BY RESEARCH TO BE EFFECTIVE.

RED POINT PSYCHOLOGY & COACHING

70 Wentworth Street, Port Kembla NSW 2505

TO BOOK, CLICK ON THE HYPERLINKS OR

CALL: 02 4231 4941

EMAIL: INFO@REDPOINTPSYC.COM.AU

VISIT: WWW.REDPOINTPSYC.COM.AU

RedPoint Psychology & Coaching 

STANDARD 2 DAY TRAINING

JANUARY

[Wednesday 13th—Thursday
14th](#)

FEBRUARY

[Wednesday 10th—Thursday
11th](#)

[Wednesday 24th—Thursday
25th](#)

MARCH

[Wednesday 10th—Thursday
11th](#)

[Wednesday 17th—Thursday
18th](#)

REFRESHER 1/2 DAY TRAINING

NOVEMBER

[Monday the 30th \(2020\)](#)

FEBRUARY

[Thursday the 18th](#)

MARCH

[Thursday the 30th](#)